

Yr 2-6 HPE Swimming Schedule - Term 1

Week	Skill Focus
Week 4 (Feb 17 - Feb 21)	<ul style="list-style-type: none"> • Freestyle Stroke Development • Dive Entry (Y4-6) • Slip in/Walk in Entries (Y2-3)
Week 5 (Feb 24 - Feb 28)	<ul style="list-style-type: none"> • Backstroke Stroke Development • Compact Jump Entry (Y4-6) • Fall in Entry (Y2-3)
Week 6 (Mar 3 - Mar 7)	<ul style="list-style-type: none"> • Breaststroke Stroke Development (Y3-6) • Breaststroke Kick Development (Y2) • Stride Jump Entry (Y4-6) • Float Transitions (Y2-3)
Week 7 (Mar 10 - Mar 14)	<ul style="list-style-type: none"> • Survival Backstroke Development (Y3-6) • Continuous Swim Practice (Y4-6) • Surface Dive Object Retrieval (Y2-3)
Week 8 (Mar 17 - Mar 21)	<ul style="list-style-type: none"> • Stroke Development Practice • Tumble Turns (Y4-6) • Continuous Swim Practice (Y2-3)
Week 9 (Mar 17 - Mar 21)	<ul style="list-style-type: none"> • Stroke Development Assessment • Entries Practice
Week 10 (Mar 31 - Apr 4)	<ul style="list-style-type: none"> • Intro to Survival Swim (Y2-6) • Make-up Stroke Assessment