

Tuck Tips

Welcome to Ithaca Creek! We're proud to offer a friendly and quality Tuckshop service to our Creeky kids. Even little kids can enjoy our Tuckshop, just read on to get started!

Tuckshop is every Tuesday & Friday

1st Break 10.50am Mains (ORDER ONLY) 2nd Break 1.30pm Snacks (ORDER ONLY) & counter treats

Menu

Tuckshop offers freshly prepared nutritious food & drinks which children enjoy. We've won awards (QAST Smart Choices 2017, 2012, 2009) and mentored schools seeking to improve their service.

We make lasagne, pasta, pizza, burgers, homebake, fresh and toasted sandwiches, as well as seasonal specials. Our sushi is made to order on the day by Tsuru Sushi. All our drinks and frozen treats are Smart Choice approved healthier options.

As food is freshly prepared in Tuckshop, certain **items are available only on specific days or breaks**. The Flexischools online menu will guide your selections: <https://www.flexischools.com.au>

Ordering

Online ordering is easy, fast and secure and saves hours of Tuckshop volunteer time. **You can order by 4pm the day before, once off or in advance for up to a term. Orders can be cancelled and refunded up to 8.30am on the day.** Follow the Flexischools link on our Tuckshop page, it takes minutes to set up. You can also order uniforms and have them delivered to class. Sorry no cash!

How is Food Delivered?

Children receive their pre-ordered food / drink in a labelled bag, delivered to the class bucket.

Collect at Counter

Some items can't be delivered in a bag (eg drinks, yoghurt, custard, milo, icy poles) and are collected from counter. Your child will receive their bag order stamped with 'Collect at Counter'. There's a queue especially for Preps and Tuck staff are always there to help. Please talk with your child about 'Collect at Counter' and decide whether returning to Tuckshop and queueing (instead of playing) is something they prefer to try later.

Missing Items & Problems

We run an efficient and busy operation but occasionally mistakes occur. Please regularly talk with your child about their Tuckshop experience and encourage them to always come to Tuckshop if their order is not what they expect. Children do NOT need to queue for problems but go to Tuckshop door. Our mission is always to feed our Kids!

Allergies

Tuckshop is nut free. We also provide gluten free (GF), dairy free, egg free, vegetarian/vegan options as listed on our menu. Please contact Sharon to discuss our ingredients or allergens.

Volunteers: YOU are always welcome at Tuckshop!

Tuckshop runs on volunteer power. Please consider offering some time if you're able. Bring a friend, grandparent, **do a regular monthly shift**, once a term, provide emergency backup or just pop in for 20 mins after drop off. Dads are volunteers too :) Kids love to see their folks at the counter, we provide lunch and cuppas and it's a fun way to meet people in your community.

Contact Sharon at tuckshop@icsspandc.com or

Visit: <https://ithacacreekss.eq.edu.au/Facilities/Tuckshop>