


Coconut Choc Brownies

Rating: 

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Total time: 30 min

Preparation: 10 min

Cooking: 20 min

Serves: 10

Category: Snacks

Tags: Vegetarian

Ingredients

0.5 cup Self-raising Flour
0.5 cup Coconut
0.5 cup Cocoa
0.5 cup Sugar
2 Eggs
0.5 cup Low fat vanilla yoghurt
1.5 tbsp Vegetable oil
1 tsp Vanilla essence

Method

1. Preheat oven to 180degC.
2. Mix dry ingredients.
3. Add wet ingredients and mix well.
4. Pour into well greased slice pan and bake for 20 minutes.

Recipe description

Give your other baking recipes that are old favourites a healthier twist by adding coconut, oats or dried fruit to increase fibre. Also control portion sizes for slices and keep them to a reasonable size.
