


Rock Cakes

Rating: 
Created by: QAST
Total time: 30 min
Preparation: 10 min
Cooking: 20 min
Serves: 12
Category: Snacks
Tags: Vegetarian

Ingredients

4 tbsp Margarine, melted
0.5 cup Milk, reduced fat
2 Select Eggs
2 cup Self raising flour, wholemeal
0.25 cup Sugar
1 cup Dried fruit medley or sultanas
1 tsp Ground cinnamon

Method

1. Preheat oven to 200degC and spray a baking tray with cooking oil.
2. In a large mixing bowl combine margarine, milk and eggs.
3. Add remaining ingredients and mix well.
4. Place large spoonfuls of mixture on tray and bake for 20 minutes.

Recipe description

Tasty home bake item.
